

# Father's Day Activity List

*We want to show the men in our lives that we love them, need them, care for them and want to spend good times with them. Whether they are a biological or chosen father figures in our lives, they matter to us and we can show them and tell them all that we appreciate them.*

## ***Father's Day activities that need a little prep:***

1. Print photos of special times together to reminisce and giggle
2. Make Father's Day cards: include things you like and love him, something you respect about him, something you've learned from him, or a good memory with him.
3. Make a reminder in your calendar to call him or them.
4. Create a "Daddy Date Jar" that would include activities that would be fun together. Plan times to pull one from the jar regularly.
5. Make a "Dad Dollars" cash/coupon booklet of activities that he loves or a "menu of services" that he can cash in throughout the year.
6. Plan an adventure walk around the neighborhood using bingo cards you make with things you might see around your neighborhood. (Don't forget the markers to mark off the findings)
7. Create a photo scavenger hunt
8. Check local events and activities for a: concert in the park or a car or air or boat museum.
9. Plan for a camping trip, maybe one in your own yard?

## ***Father's Day activities:***

1. Make his favorites: breakfast, lunch, dinner, desserts, drinks
2. Take a Nature walk- note local botanicals, birds, insects, etc for engaging conversation
3. Play outside games that inspire good times together: Corn hole, ping pong, mini golf, disc golf, whiffle ball, soccer, baseball, basketball, volleyball, football, bocci ball
4. Plan or make a list of outdoor activities: Geocaching, hiking, biking, (scooter, skateboard, strollering), fishing, kayaking, SUP, slip n slide, surfing, swimming.
5. Play other games together like: chess of other board games, card games, dice games
6. Have a whole family video game tournament (*mom too! I promise it will be entertaining*).
7. Make/plan a picnic, at a park, in the living room, or the yard
8. Have a dad dance party (*you know who they are*). Everyone can bust out their best moves. *Don't forget to video you might get internet famous.*
9. Build a hot wheels racetrack together and have a racing competition.
10. Have a pillow fight (*who doesn't love a good pillow fight?*)
11. Wash his car
12. Do some crafts together to celebrate him
13. Have a "Story Time with Dad" where he can tell his favorite or most embarrassing stories about his life. (*Pass the popcorn!*)
14. Find a stream/creak or flowing place of water and make "boats" out of whatever you want/find or plan ahead and prep an epic boat for a race you wont soon forget.
15. Go to a drive in movie or make one in your yard and choose a movie all will enjoy
16. Have a family made obstacle course and compete
17. Do some woodworking together, maybe pinewood derby cars or birdhouses?
18. Have a blind beer tasting
19. Go wine tasting
20. Send him on an 18 hole romp with the 9 iron and his buddies

## ***Make a new Father's Day tradition:***

1. Take a photo in the morning and add to it yearly
2. Create a "Pamper Dad Day" or an "It's All About Dad Day" using activities from this list
3. Create a "Father's Day treasure box" and add to it yearly.
4. Start a "Dear Dad" journal for dad & kids to correspond messages on paper throughout the year whether it be questions, advice, dad jokes and quips, anecdotal quotes, or just talking.